SOUTHWEST PUBLIC HEALTH DISTRICT 8-2



1109 North Jackson Street Albany, Georgia 31701-2022 (229) 352-4275 Fax (229) 430-5143 https://swhealthdistrict.org/

Public Service Announcement

January 16, 2024

Winter Weather Preparedness - The 4 P's

Albany, GA- As we prepare for the impending subfreezing temperatures, it is crucial to focus on the "4 P's" to ensure the well-being of individuals, pets, infrastructure, and plant life during cold weather. Please take note of the following guidelines:

1. People:

- Minimize time spent outdoors, especially during extreme cold.
- Prepare for potential power outages by having essential supplies on hand.
- Check on vulnerable family members, friends, and neighbors to ensure their safety and well-being.

2. Pets:

- Bring pets inside during cold weather; if it's too cold for you, it's too cold for them.
- Ensure that pet food and water do not freeze and provide a warm and comfortable space for your pets.

3. Pipes:

- Cover and insulate pipes in areas where temperatures are expected to be freezing or below
- Open sink cabinets to expose pipes to heated air, preventing freezing.
- Disconnect hoses and turn off water to sprinklers to avoid damage from freezing water.

4. Plants:

- Bring plants indoors, if possible, especially those sensitive to cold temperatures.
- Cover outdoor plants to provide extra insulation and protection against frost.

By adhering to these guidelines, we can collectively mitigate the potential risks associated with subfreezing temperatures and ensure the safety and well-being of ourselves, our pets, our infrastructure, and our plant life.

Stay warm and safe!