

SOUTHWEST HEALTH DISTRICT (ALBANY)

Perinatal Health Partnership

The **Perinatal Health Partnership (PHP) Program** provides home visiting services during pregnancy and up to the infant's first birthday following delivery. Pregnant women with high-risk conditions or have identified risk factors that put them at risk for poor pregnancy outcomes, will be targeted for home visiting services and interventions but enrollment can occur after delivery.

PHP provides additional monitoring between provider appointments that will increase the opportunity to identify warning signs, complications, and problems earlier and refer to provider for further assessment and intervention when indicated.

PHP maternal home visiting service components:

Clinical assessment for pregnancy and postpartum complications including:

- o BP assessment
- o Fingerstick for blood glucose (if indicated)
- o Weight
- o Urine dipstick
- o FHTs

Screening for pregnancy and postpartum warning signs and symptoms:

- o Vaginal bleeding or fluid leaking during pregnancy
- o Vaginal bleeding or discharge after pregnancy
- o Severe Headaches
- o Severe belly pain
- o Extreme swelling of hands or face
- o Changes in vision
- o Severe swelling, redness, or pain in leg or arm
- o Trouble breathing
- o Chest pain or fast-beating heart

PHP infant home visiting service components:

Clinical assessment including:

- o Feeding
- o Weight
- o Head circumference
- o Developmental screening

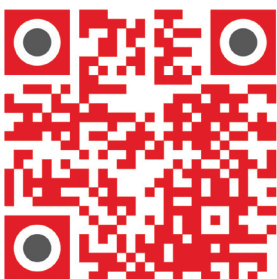
Referral to the program is recommended for:

Maternal patients with:

- o Hypertension or Gestational Hypertension
- o Preeclampsia
- o Diabetes
- o Multiple gestation
- o Prior preterm delivery
- o Preterm labor
- o Chronic conditions or co-morbidities
- o Prior 2nd trimester pregnancy loss
- o Prior fetal/neonatal death
- o Pre-existing health conditions
- o Substance use disorder
- o Mental health condition
- o Poor support system
- o Difficulty complying with provider recommendations and/or follow up (e.g., keeping appointments)
- o Other medical conditions or concerns for poor outcomes

Infants with:

- o Recent NICU discharge
- o VLBW or LBW
- o <36 weeks gestation at delivery
- o Positive maternal screening for substances at delivery
- o Suspected or confirmed congenital syphilis or HIV infection
- o Poor maternal support system or other environmental concerns



Southwest Health District (Albany) program referrals can be made using the Perinatal Health Partnership Referral Form or by contacting our office.

| Send **encrypted email** referrals to: php82@dph.ga.gov

| or Send **non-encrypted fax** referrals to: (912) 228-3441

| or Call: (229) 562-3015

